



## Rockwall Devotion

### Verse:

2 Samuel 22:3a - "The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation."

### Devotion:

In the challenge of climbing a rockwall, all you can do is go up one step at a time. You can't let your fear of falling, or having a difficult route stop you from reaching your goal. Did you climb a route today that was too tough? Did you keep trying? Did you set a goal to reach the top before leaving camp?

Sometimes in our lives, we may feel like we did on the rockwall - that this day or situation (route) is just too tough and you may think you are not strong enough to make it through.

When you face challenges in life like the rockwall, you must know that God is your rock. By spending time with Him each day, He will guide you on the best route. He may not always lead you the easiest way, or get you to the top as fast as you would like, but God will always be there – strong, like a rock that you can stand on. Other times, it may seem as if life is easy. Always remember to praise God for helping you through each day!

### Discussion Questions:

- Sometimes with a rockwall, you must train or practice to get better. Do you train everyday to make your relationship with Christ better by reading your Bible and praying?
- Can you think of different times in your life that God has provided a "rock" even though it may not have been what you wanted?
- Have you let the fear of climbing up stop you from an opportunity that God had for you?